HELMET SIZING CHART

Helmet Size	Inches	Hat Size	Metric (cm)
Junior - XXXS, XXS, XS	19 1/4 - 20 1/8	6 - 6 1/4	49 - 51
XX Small	20 - 21 1/4	6 3/8 - 6 1/2	51 - 52
X Small	20 3/8 - 21 1/8	6 5/8 - 6 3/4	52 - 54
Small	21 1/4 - 22	6 3/4 - 7 1/8	55 - 56
Medium	22 1/2 - 22 7/8	7 1/8 - 7 1/4	57 - 58
Large	23 1/4 - 23 5/8	7 3/8 - 7 1/2	58 - 60
X Large	24 - 24 3/8	7 1/2 - 7 3/4	61 - 62
XX Large	24 3/4 - 25 1/8	7 3/4 - 8	63 - 64
XXX Large	25 1/4 - 25 1/2	8 1/4 - 8 1/2	65 - 66

TO ENSURE AN ACCURATE FIT. Please use the chart above to order your correct helmet size.

MEASURING INSTRUCTIONS. Carefully measure around your head, above the ears. Take the measurement, in inches or centimeters, referring to the sizing chart above for your correct hat/helmet size. Helmet must fit properly for optimum performance.

Don't guess your size. Helmet must be securely and snugly fastened before engaging in any activity.